

# THE ARMOR OF GOD

The Armor of God can be so confusing, so I made this worksheet for us to understand how to put this into action!

First, let's look at the Ephesians 6, the armor of God section. Let this be a time where you read and reread this, highlighting and underlines as much as needed.

"Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak."

Ephesians 6:10-20



Remember, this is a battle. We need to fight this battle on God's strength, not our own. Before going any farther, take a moment to ask God for His strength.

## Stand therefore, having fastened on the belt of truth

This belt is the belt of truth. We are to know the truth of Scripture to fight off the lies of the devil. We need to know what is truth so we stay away from the lies.

How can you put truth on daily, just like a piece of clothing?

## Having put on the breastplate of righteousness

This righteousness is NOT ours, but Jesus'. He shed His blood to take away our sins and impute His righteousness. An actual breastplate protects the heart and internal organs.

How can Jesus' righteousness protect your heart?

## As shoes for your feet, having put on the readiness given by the gospel of peace

We need to have comfortable shoes to walk into battle, knowing how they feel and work on our feet. The gospel has to be FIRST nature to us.

In what ways do you need to become more comfortable with the gospel?

## In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one

True faith will turn aside all the darts of the evil one. But we need to always have it shielding us.

How can you make sure that your shield of faith is always before you

## Take the helmet of salvation

We need to have a firm grasp of our salvation so we are not swayed by Satan's deceptions. We need to know in our minds whose we are and what Jesus did to save us.

What do you need to do to remember that we are saved by Jesus' blood?

## The sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication.

God's Word is our only weapon, yet it also protects us. We need to know it so we can fight these battles

What do you need to change about your God time to be able to learn and memorize more Scripture.



Ok, so now that we have looked at each piece of armor separately, how do you think we can put these together and grow stronger in our faith?

What are you going to change or add to your God time after studying the armor of God?

One theme that was repeated in many of these pieces was knowing the Bible. How do you memorize best? Anyone can do it. What is going to be the first section of Scripture than you are going to memorize?